|  |
| --- |
| **Student Name:**  |
| **Student ID:** |
| **Email:** |
| **Option: Non-Thesis** |
| **Concentration:** |

**This course planner is meant to guide your registration for the coming semester until the completion of your degree. The MS program requires a minimum of 33 graduate credits. Your required core and concentration courses are listed in the table below. Depending on the student’s interest and career goals, the student will need to choose *either thesis or non-thesis*. Please make sure to use the correct form based on the choice.**

**Depending on the student’s background and interests, the student will choose one of the following concentrations:**

1. **Applied Exercise Physiology (AEP)**
2. **Physical Activity and Health Promotion (PAHP)**

**Core Courses (12)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Course** | **Course Title** | **Credits** | **Semester and Year** | **Instructor** | **Final Grade** |
| EHS 685 | Applied Exercise Physiology | 3 |  |  |  |
| EHS 630 | Advanced Health Fitness and Nutrition Assessment | 3 |  |  |  |
| EHS 655 | Advanced Physical Activity and Health | 3 |  |  |  |
| NU 760 | Introduction to Biostatistics: Biostatistics I | 3 |  |  |  |

**Non-Thesis Option Requirement (9)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Course** | **Course Title** | **Credits** | **Semester and Year** | **Instructor** | **Final Grade** |
| EHS 635 | Project and Program Management in Health Promotion | 3 |  |  |  |
| EHS 650 | Obesity and Weight Management | 3 |  |  |  |
| EHS 699 | Practicum | 3 |  |  |  |

**Concentration-Based Requirement (6) – Choose either AEP or PAHP**

* **AEP**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Course** | **Course Title** | **Credits** | **Semester and Year** | **Instructor** | **Final Grade** |
| EHS 680 | Clinical Exercise Physiology | 3 |  |  |  |
| EHS 682 | Exercise Metabolism | 3 |  |  |  |

* **PAHP**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Course** | **Course Title** | **Credits** | **Semester and Year** | **Instructor** | **Final Grade** |
| EHS 670 | Designing Exercise and Health Promotion Interventions | 3 |  |  |  |
| EHS 656 | Advanced Nutrition and Health | 3 |  |  |  |

**Electives (6)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Course** | **Course Title** | **Credits** | **Semester and Year** | **Instructor** | **Final Grade** |
|  |  |  |  |  |  |
|  |  |  |  |  |  |