



TRANSFER PLANNING WORKSHEET
EXERCISE AND HEALTH SCIENCES
OFFICE OF UNDERGRADUATE ADMISSIONS

General Transfer Credit Policies

- Courses must be a C- or higher and be considered college-level.
- A maximum of 90 credits can be transferred from a four-year school and 70 credits from a community college.
- Course content is comparable in scope to coursework offered at UMass Boston.
- Courses taken Pass/Fail are only eligible to transfer if the transcript key equates these courses to a C- (due to COVID-19, all P grades from Spring and Fall 2020 are eligible to transfer).
- **Courses must be a minimum of 3 semester credit hours to fulfill a program requirement.**

How to Use this Sheet

- This sheet includes the general requirements for the Exercise and Health Sciences major. Students are encouraged to use our Transfer Course Database, **Transferology**, to match UMass Boston courses with your current institution. Fill out the “Your Course” section with courses you have already taken or plan to take before enrolling at UMass Boston.
- Students interested in learning about how their courses transfer into a specific major are encouraged to **schedule an appointment with one of our transfer counselors** to discuss how your transfer credits fit into a specific program.
- Make sure to review the “Waivers” section at the bottom of the sheet to see if you are eligible to waive any requirements.

Important Notes

- The information on this sheet is based on the 2020-21 UMass Boston Academic Catalog. Information is subject to change.

MassTransfer Waivers

- Successful completion of the [MassTransfer Block \(or MassTransfer Gen Ed Foundation\)](#) waives many general education requirements at UMass Boston.
- Any course with a ^(MT) on the planning sheet will be waived with the successful completion of the MassTransfer Block.



General Education Curriculum

Verbal Reasoning and Expression

Course Name	UMB Course Code	Your Course Code	Your School
Composition I ^(MT)	ENGL 101		
Composition II ^(MT)	ENGL 102		

Quantitative Reasoning

Course Name	UMB Course Code	Your Course Code	Your School
Statistics	Choose from ECON 205, EHS 280, MATH 125, MSIS 111L, PSYCH 370, SOCIOL 350		

Distribution Requirements

Distribution Area	Your Course Code	Your School
1 Arts or Humanities ^(MT)		
1 Arts or Humanities ^(MT)		
1 Social Behavioral Science ^(MT)		
1 Natural Science ^(MT)		
1 Natural Science ^(MT)		
1 World Languages or World Cultures		
1 World Languages or World Cultures		

Seminars

Seminar Type	Your Course Code	Your School
First Year Seminar		
Intermediate Seminar	MUST BE TAKEN AT UMB	

Diversity Requirement

Distribution Area	UMB Course Code	Your Course Code	Your School
Diversity Requirement for Exercise and Health Sciences	EHS 260 OR EHS 320		

Core Major Requirements

Course Name	UMB Course Code	Your Course Code	Your School
Anatomy & Physiology I	BIOL 207		
Anatomy & Physiology II	BIOL 208		



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Waivers

- Successful completion of the MassTransfer Block (excluding the STEM Block) with a C- in each course will also waive the First Year Seminar requirement.
- Students who transfer in 30 credits to UMass Boston waive the First Year seminar requirement
- Students who transfer in 90 credits to UMass Boston waive the First Year and Intermediate seminar requirements, 1 Diversity requirement, and English 101 and English 102